

Research Ethics in the Field of Complementary Medicine

(Activity Code: AGI-03-P198)

An interactive online workshop via Microsoft Teams

Date and Time: Wednesday 5th November 2025 at 7PM till 9PM

Target Audience: Physicians, Pharmacists, Complimentary Medicine Practitioners and Allied Health Practitioners

Aim:

To increase the knowledge and improve skills regarding the basics complementary medicine research ethics, misconceptions, education and regulation.

General Learning Objectives:

By the end of the CPD sessions participants should be able to:

1. Identify the core ethical principles (autonomy, beneficence, non-maleficence, justice) as they apply to TCIM research.
2. Analyze common ethical challenges in TCIM research, such as placebo use, informed consent in diverse cultural contexts, and integration with conventional medicine protocols.
3. Evaluate the role of ethics review boards (IRBs/ERBs) in safeguarding participants in TCIM studies.
4. Develop a framework for addressing an ethical dilemma in their own research or practice.

Speaker

- **Dr. Mohammed Khalil:** World Health Organization Consultant (Complementary Medicine), Member of the WHO Strategic and Technical Advisory Group on TCIM, Former head of research unit – National Center for Complementary and alternative medicine – Ministry of Health – Saudi Arabia

Activity schedule:

Time and Speakers	Schedule and Learning outcomes
7.00PM - 9.00 PM Speaker: Dr. Mohammed Khalil	Schedule and LO's: 7.00 – 7.30 Introduction to research ethics, adverse events reporting in TCIM 1. Identify the core ethical principles (autonomy, beneficence, non-maleficence, justice) as they apply to TCIM research. 2. Analyze common ethical challenges in TCIM research, such as placebo use, informed consent in diverse cultural

	contexts, and integration with conventional medicine protocols. 7.30 - 7.45 IRBs, Informed consent and placebo 3. Evaluate the role of ethics review boards (IRBs/ERBs) in safeguarding participants in TCIM studies. 7.45- 8.00 Challenges in TCIM ethical research 4. Develop a framework for addressing an ethical dilemma in their own research or practice 8.00 – 8.20 Case study (interactive) 8.20-8.40 feedback and discussion of case study 8.40- 8.50 Conclusion and messages 8.50- -9.00 Q & A

* The scientific planning committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.

* "This activity is an Accredited group learning activity (Category 1) as defined by Ministry of Public Health's Department of Healthcare Professions - Accreditation Section and is approved for a maximum number of 2 Hours."

* "CPD-HP (QU—Health) is accredited by Ministry of Public Health's Department of Healthcare Professions - Accreditation Section (DHP – AS) as a provider of continuing professional development."