



Where Does Vaping Stand in Comparison to Evidence-Based Nicotine Cessation?

(Activity Code: AGI-03-P117)

January 9th 2023, 1- 4pm

Venue: ITQAN Clinical Simulation & Innovation Center

Target Audience: All Healthcare Professions

Aim:

To increase knowledge and awareness levels regarding the issue of vaping

Speakers:

Dr. Mohammed Al-Hamdani: Assistant professor of public health, College of Health Sciences, Qatar University Health

Dr Ahmad Abdalla: Tobacco Treatment Specialist at HMC Tobacco Control Center

Ms Noor El Nakib: Healthcare Services Administrator at HMC Tobacco Control Center

Time and facilitators	Schedule and Learning Objectives
1:00-1:05 Dr Zachariah Nazar	Welcoming and introduction
1:05-1:45pm Dr. Mohammed Al-Hamdani	<ul style="list-style-type: none"> Recognize the direct health effects of vaping Appreciate the disproportionate impact of vaping on youth and young adults Understand the relationship between vaping and tobacco use Visualize the importance of research as a guide for policies
1:45 – 2:15	Group activity: The vaping paradox
2:15-2:30	Coffee Break
2:30-3:00 Dr Ahmed Abdalla Ms. Noor El Nakib	<ul style="list-style-type: none"> Understand the current licensed Nicotine Replacement Therapies (NRT), Varenicline, Bupropion, and second-line medications. Describe the challenges faced by quitters and the strategies employed to promote person-centered care in smoking/vaping cessation interventions.
3:00-4:00	Group activity: Person-centered care in nicotine cessation

* The scientific planning committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.

* "This activity is an Accredited group learning activity (Category 1) as defined by Ministry of Public Health's Department of Healthcare Professions - Accreditation Section and is approved for a maximum number of 3 Hours."

* "CPD-HP (QU—Health) is accredited by Ministry of Public Health's Department of Healthcare Professions - Accreditation Section (DHP – AS) as a provider of continuing professional development."



Dr Mohammed Al-Hamdani, BSc (health promotion), MHA, PhD

Dr. Mohammed Al-Hamdani is an Assistant Professor of Public Health. He completed his graduate studies in Nova Scotia, Canada and holds a Master of Health Administration from Dalhousie University and a PhD from Saint Mary' University. During his graduate studies, he was awarded multiple scholarships including the prestigious Joseph-Armand Bombardier Canada Graduate Scholarship of the Social Sciences and Humanities Research Council of Canada. Dr. Mohammed's research interests include consumer addiction, health policy, and health system analysis.

Dr. Mohammed has a unique blend of public health management and post-doctoral training experiences. He was the Director of Health Initiatives at the Lung Association of Nova Scotia where he managed tobacco and vaping control initiatives and engaged in key stakeholder meetings. His contributions received several awards including Cancer Care Nova Scotia's Leadership Excellence Award. Dr. Mohammed completed the elite Mitacs Elevate Post-Doctoral Fellowship program during which he was honored as Canada's 2019 recipient of the Outstanding Innovation Award-Post doctoral category—an ultra-competitive award that recognizes one post-doctoral fellow in Canada every year.

Dr. Mohammed is an expert in tobacco and vaping control with over 10 years of experience in these fields. He has published first-authored articles in high tier journals including the Journal of Adolescent Health and the International Journal of Mental Health and Addiction. In addition to being a co-applicant for multiple projects, Dr. Mohammed was the Principle Investigator of the 2020-2021 Youth and Young Adult Vaping Project, a nation-wide project in Canada that guided policy changes for the federal and provincial governments. He has presented his work to provincial and national agencies in Canada and was featured in over 100 media pieces. Dr. Mohammed served as the provincial lead of Smoke-Free Nova Scotia. He also served on national committees including the national 2020 Tobacco and Vaping Control Forum in Canada.

Dr Ahmed Abdalla – MBBS-FM Specialist- TTS



Dr Ahmed Abdalla, Tobacco Treatment Specialist at the Hamad Medical Corporation Tobacco Control Center, WHO Collaborating Center. holds MBBS of general medicine and surgery from the Red Sea University -Sudan , Diploma for family medicine from the Saudi Commission For Health Specialties , Tobacco Treatment Specialist

Certificate from the University of Massachusetts Medical School, Positive Psychology Diploma from The Arabic Institute For Studies, Hospital Management And Health Quality Diploma from Nevada Training Center .

Acts as technical supervisor in tobacco control program in KSA for more than 14 years in Najran, Makkah and Tabuk. Also acts as a trainer for family medicine program and preventive medicine at the Saudi commission for health specialties. Also, as a trainer in Sudanese specialties council.

He has many initiatives on tobacco control (awareness and treating patients), the project we are role model done in KSA and received the Excellence Award from WHO 2021, and the project A day Without Smoking done in Sudan and received the Excellence Award from WHO 2021.

Still working to increase the awareness about tobacco and training more Health Care Workers to become more active in tobacco control and treating the smoker.

Ms. Noor El Nakib, MPH



Ms Noor El Nakib is the Healthcare Services Administrator at the Hamad Medical Corporation Tobacco Control Center, WHO Collaborating Center. She holds an MPH degree from the American University of Beirut. Noor has a 5-year experience in Public Health particularly in the field of tobacco control and prevention. She has managed to lead and conduct a wide range of health promotion and community awareness events with a focus on tobacco control among different target groups. She has also

coordinated several training workshops for treating tobacco dependence in the efforts of strengthening the capacities and knowledge of healthcare providers in that area. Her continuous efforts and motivation to strive and serve the community in the field of public health and the area of tobacco control and prevention in particular will always be the reasons behind excelling,



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