

Dr Kawthar Tawengi

Dr Kawthar Mahmoud Tawengi, BSc(Pharm), PharmD
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2007 was the tipping point for Dr. Kawthar; after being among the top ten high school graduates in Qatar and being granted a precious scholarship to pursue her dream. At that time, Dr Kawthar was particularly attracted to the newly founded Qatar University College of Pharmacy (QU-CPH) as she admired science and wanted to be part of the healthcare team. She enrolled in QU-CPH as she discovered how diverse, advanced and crucial the role of a pharmacist is in the health care team. Dr. Kawthar graduated with a BPharm degree in 2012 with an outstanding academic record. Based on her scholarly performance, Dr. Kawthar was awarded the Ebn Sina Medical Scholarship and was on the Vice President's list and dean's list throughout her study years. In 2013, Dr. Kawthar further pursued a PharmD degree at QU-CPH. Upon graduation, Dr. Kawthar joined the Heart Hospital (HH) Pharmacy department at Hamad Medical Corporation (HMC). Applying all the knowledge and skills attained throughout pharmacy education made the passage into practice an exciting phase. In 2015 Dr. Kawthar took the lead of her hospital's continuous professional pharmacy development program (CPPD). With all the hard work, Heart Hospital was the first hospital program to implement and gain Qatar Council for Healthcare Practitioners (QCHP) and Accreditation Council for Pharmacy Education (ACPE) accreditation for all their educational activities. In 2018, the HMC pharmacy professional development team won Stars of Excellence Award of Merit for their efforts on "Leading CPD example in the Middle East" and was also recently recognized for her excellence and contribution to the CPPD successes. Dr Kawthar continued to maintain her daily clinical practice and patient care duties, with CPPD program demands in addition to participating in clinical research and precepting pharmacy students and clinical attachments.

When Dr Kawthar is asked about her experience in QU-CPH, she replies: " When hardworking meets the appropriate time this gives us a piece of luck, and I was fortunate to have CPH just launched by the time I joined QU, it was the best experience I would want for my education. From the first day, I was inspired by the dean at that time, Dr Peter Jewesson and the entire faculty who taught me. They armed me with the weapons I use today in my career and my life."

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Publications:

1. Rahhal A, Tawengi K, et al. Torsemide versus furosemide after acute decompensated heart failure: a retrospective observational study. *BMC Cardiovasc Disord.* 2019 May 28;19(1):127.
2. Rahhal AA, Awaisu A, Tawengi K, AbuYousef S, Mekideche L. Prevalence and predictors of digoxin utilization among heart failure patients with reduced ejection fraction in Qatar. *Int J Clin Pharm.* 2017 Oct; 39(5):1070-1083.
3. Wilbur K, Tawengi K. Evaluation of the potential nephroprotective effects of metformin in diabetes – A systematic review. *Diabetes research and clinical practice.* October 2016 Volume 120, Supplement 1, Page S135.
4. Wilbur K, Tawengi K, Remoden E. Diabetes Patient Management by Pharmacists during Ramadan. *BMC Health Service Research* 2014; 14:117.