



كلية الصيدلة
College of Pharmacy
QATAR UNIVERSITY جامعة قطر
Member of **HEALTH** الصحة عضوفي



College of Pharmacy cordially invites you to attend the virtual faculty research seminar

Enhancing Glycemic Control and Physical Activity in Type 1 Diabetes: Insights from Recent Research

Presented by:

Dr. Georges Jabbour, PhD

Associate Professor, Department of Physical Education, College of Education, Qatar University

Monday, 20 November, 2023

1:00 pm - 2:00 pm

Via WebEx



Dr. Georges Jabbour is an Associate Professor specializing in Clinical Exercise Physiology and the promotion of physical activity at Qatar University's Department of Physical Education within the College of Education. He has an extensive educational background, including a Ph.D. in Cellular and Integrated Exercise Physiology from the University of Rennes, France, and a Postdoctoral Fellowship in Metabolic Rehabilitation at the University of Montreal/UHC Sainte-Justine in Canada.

Throughout his career, Dr. Jabbour has dedicated himself to researching the intricate relationship between physical activity and metabolic disorders, contributing significantly through numerous publications.

Dr. Jabbour's research in Type 1 diabetes has focused on understanding how exercise affects glycemic control and overall health in individuals with this condition. Additionally, his research has emphasized the benefits of continuous blood glucose monitoring in youth with Type 1 diabetes, demonstrating improvements in glycated hemoglobin levels and reduced fear of hypoglycemia, encouraging healthier lifestyles in this population.

On the other hand, Dr. Jabbour's research encompasses a wide range of topics within exercise physiology. His investigations span diverse areas, from exploring the effects of exercise on Medullo-surrenal system and its impact on metabolic outcomes. His work also examines the effects of exercise on individuals with obesity, diabetes, and various age groups, providing insights into the complex relationships between physical activity and health.

Dr. Jabbour's research informs exercise prescription strategies, glycemic control, and the promotion of health through physical activity. His ongoing commitment to advancing scientific knowledge has made a substantial impact on the fields of exercise physiology and public health, offering valuable guidance to healthcare practitioners and researchers.

Mission

To prepare our students to provide optimal pharmaceutical care and advance health care outcomes, to promote research and scholarly activity, and to serve as a pharmacy resource for Qatar, the Middle East and the world.

Vision

Advancing healthcare in Qatar and the world through excellence and innovation in pharmacy education, research and service.

