



## Bachelor of Arts in Psychology & Semester Plan

FIRST YEAR (30 credit hours)			
Term	Course #	Course Title	Cr Hrs
Fall		Core Curriculum course	3
		Core Curriculum course	3
		Core Curriculum course	3
		Free elective (1)	3
		Core Curriculum course	3
Total Credit Hours in Semester			15
Spring		Core Curriculum course	3
		Core Curriculum course	3
		Free elective (2)	3
		Core Curriculum course	3
	PSYC 201	Introduction to Psychology	3
Total Credit Hours in Semester			15

SECOND YEAR (30 credit hours)			
Term	Course #	Course Title	Cr Hrs
Fall	PSYC 203	Health Psychology	3
		Major Elective (1)	3
		Free elective (3)	3
		Core Curriculum course	3
		Core Curriculum course	3
Total Credit Hours in Semester			15
Spring	PSYC 206	Introduction to Social Psychology	3
	PSYC 221	Research Design and Statistics	3
		Core Curriculum course	3
		Major Elective (2)	3
		Minor (1)	3
Total Credit Hours in Semester			15

THIRD YEAR (30 credit hours)			
Term	Course #	Course Title	Cr Hrs
Fall	PSYC 300	Personality of Psychology	3
	PSYC 301	Developmental Psychology	3
		Core Curriculum course	3
		Minor (2)	3
		Major Elective (3)	3
Total Credit Hours in Semester			15
Spring	PSYC 303	Abnormal Psychology	3
	PSYC 304	Cognitive Psychology	3
		Major Elective (4)	3
		Minor (3)	3
		Minor (4)	3
Total Credit Hours in Semester			15

FOURTH YEAR (30 credit hours)			
Term	Course #	Course Title	Cr Hrs
Fall	PSYC 400	Principles of Cognitive Behavioral Therapy	3
	PSYC 401	Psychological Helping Skills	3
	PSYC 403	Psychophysiology	3
		Minor (5)	3
		Minor (6)	3
Total Credit Hours in Semester			15
Spring	PSYC 405	Internship	6
	PSYC 406	Capstone	3
		Minor (7)	3
		Minor (8)	3
Total Credit Hours in Semester			15

## Major Declaration

In order to declare a major in Psychology, applicants must satisfy the minimum high school percentage requirement 75% for the major in the semester of admission. In addition, students must have successfully completed a minimum of 12 Credit Hours from the Core Curriculum, achieve a GPA of 2.0 or above and to have passed the University 110 course.

## DEGREE REQUIREMENTS

### Major in Psychology

A minimum of 120 credit hours is required to complete the major in Psychology, including the following:

- A minimum of 33 credit hours in Core Curriculum requirements.
- A minimum of 36 credit hours in Major Requirements.
- A minimum of 6 credit hours in Internship.
- A minimum of 12 credit hours in Major Electives.
- A minimum of 24 credit hours in Minor Requirements.
- A minimum of 9 credit hours in Free Electives Core Curriculum Program.(33 CH)

### Common package (15 CH)

- ARAB 100 Arabic Language I
- ARAB 200 Arabic Language II
- ENGL 110 English I
- ENGL 111 English II
- DAWA 111 Islamic Culture

### Social/Behavioral Sciences package (3 CH)

Any Course in CCP defined Social/Behavioral Sciences package

## **Humanities /Fine Arts package (6 CH)**

Students must complete 6 CH from courses in the CCP defined Humanities/Fine Arts package including a minimum of 3 Credit Hours from courses listed in the Qatar and Gulf History Sub-package part of the Humanities/Fine Arts package.

## **Natural Science/Mathematics package (3 CH)**

Any Course in CCP defined Natural Science / Mathematics package Supplemental.

## **College / Program Core Requirements package (6 CH)**

- ENGL 250 English for Communication I
- ENGL 251 English for Communication II

## **Major Requirements (36 CH)**

**Students must complete the following courses:**

- PSYC 201 Introduction to Psychology
- PSYC 203 Health Psychology
- PSYC 221 Research Design and Statistics
- PSYC 206 Introduction to Social Psychology
- PSYC 300 Psychology of Personality
- PSYC 301 Developmental Psychology
- PSYC 303 Abnormal Psychology
- PSYC 304 Cognitive Psychology
- PSYC 400 Principles of Cognitive Behavioral Therapy
- PSYC 401 Psychological Helping Skills
- PSYC 403 Psychophysiology

## **Internship (6 CH) Students must complete the following Internship course:**

PSYC 405 Internship

## Major Electives (12 CH)

Students must complete a minimum of 12 credit hours in courses selected from the following:

- PSYC 306 Emotion and Motivation
- PUBH 202 Health Behavior and Society
- SPSC 308 Sport Psychology
- PSYC 402 Counseling Over the Lifespan
- PSYC 404 Psychology of Family Relations
- SOCI 262 Qualitative Methods
- SOCI 365 Study of Gender

## Minor Requirements (24 CH)

Students enrolled in the Psychology program may take any of the Minors offered within the university. If the minor the students enrolled in is less than 24 credit hours, students must take additional courses as free electives to complete the 24 credit hours requirements Free Electives (9 CH) Students must complete a minimum of 9 credit hours in University Free Electives from courses outside the Psychology major, 6 of which must be in 300-level courses or above.

## MINOR IN PSYCHOLOGY

The minor in psychology is designed to provide students with an introduction to the field of psychology and familiarize them with the major concepts in psychology. The minor will provide students with skills needed to recognize, understand, and respect the complexity of sociocultural and international diversity.

## Minor in Psychology

**A minimum of 24 credit hours are required to complete the minor in Psychology, including the following:**

- A minimum of 18 credit hours in the Minor Requirements
- A minimum of 6 credit hours in the Minor Electives
- Minor Requirements (18 CH)
- Students must complete the following courses:
- PSYC 201 Introduction to Psychology
- PSYC 203 Health Psychology
- PSYC 206 Introduction to Social Psychology
- PSYC 301 Developmental Psychology
- PSYC 303 Abnormal Psychology

- PSYC 304 Cognitive Psychology

### **Minor Electives (6 CH)**

**Students must complete a minimum of 6 credit hours in courses selected from the following:**

- PSYC 300 Psychology of Personality
- PSYC 306 Emotion and Motivation
- PSYC 401 Psychological Helping Skills
- PSYC 404 Psychology of Family Relations